











## **MATERIALS PROVIDED**

Collection Hat | Wooden Stick | Prelabeled Specimen Cup | Biohazard Bag | Ice Pack(s)

## **STOOL SPECIMEN COLLECTION**

## (Clostridium difficile Toxin by PCR and General Stool Tests)

- 1. Wash your hands thoroughly with warm water and soap.
- 2. Lift the toilet seat. Place the collection hat on the toilet bowl rim. Close the toilet seat on the collection hat. This will hold the collection hat in place.
- 3. Sit on the toilet to have a bowel movement (poop) as usual. Do not urinate on your stool or in the collection hat.
- 4. Using the wooden stick, place 2 to 3 small scoops of stool into the specimen cup. (If collecting stool for Clostridium difficile Toxin by PCR ensure that the loose stool is used for the sample) Replace cap onto cup.
- 5. Place the specimen cup inside the plastic biohazard bag.
- 6. Discard the remaining stool in the toilet and flush before throwing away the collection hat.
- 7. Throw away the collection hat and wooden stick.
- 8. Wash your hands again with warm water and soap.
- 9. Place all samples collected for the day into the provided Lab Pak mailer. Make sure to include ice pack(s). Seal the mailer and place a shipping label on the outside. Do not hold samples. Ship all samples collected on the same day as collection.